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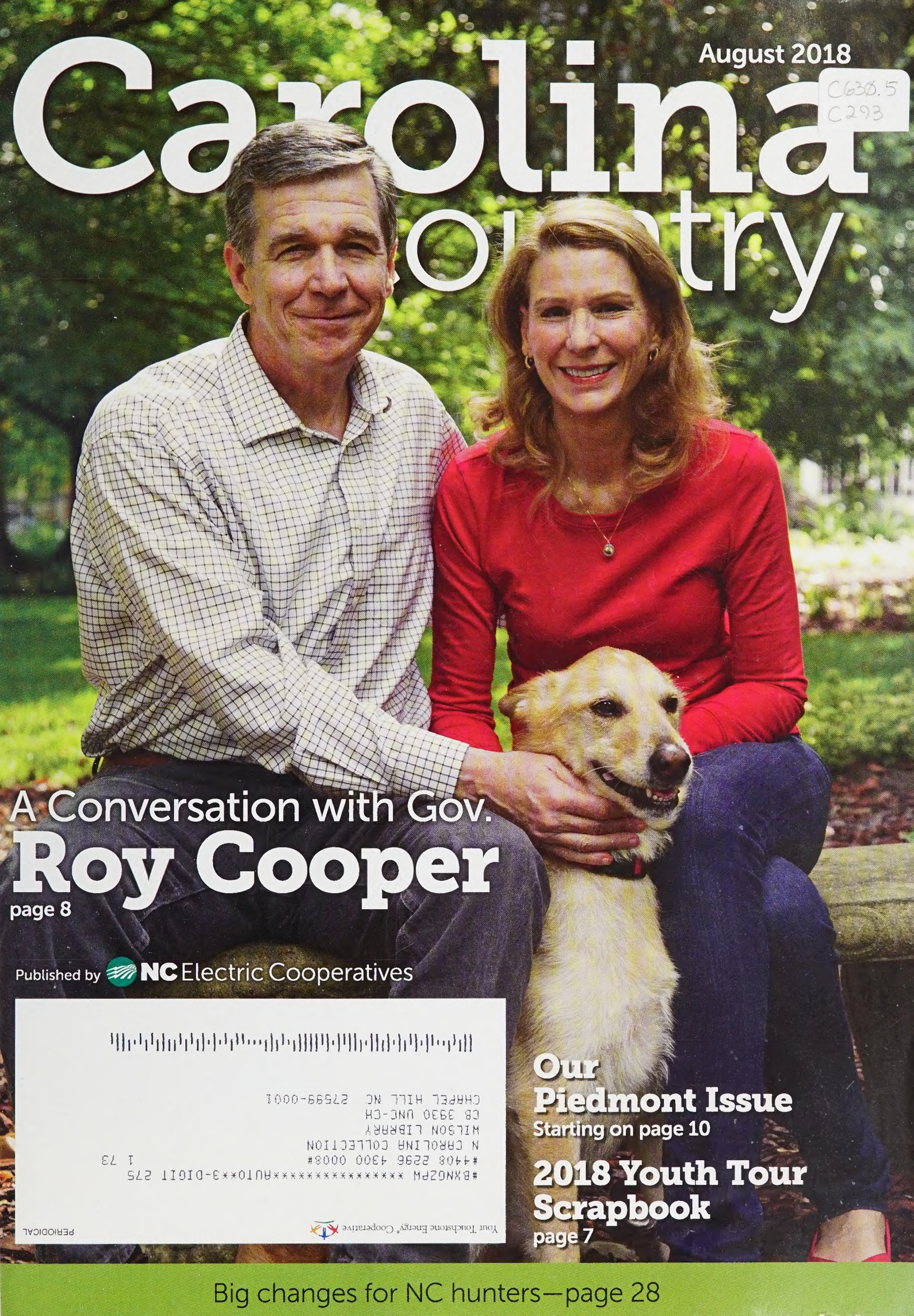
August 2018

Carolina Country



A Conversation with Gov. Roy Cooper

page 8

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Our Piedmont Issue

Starting on page 10

2018 Youth Tour Scrapbook

page 7

Big changes for NC hunters—page 28

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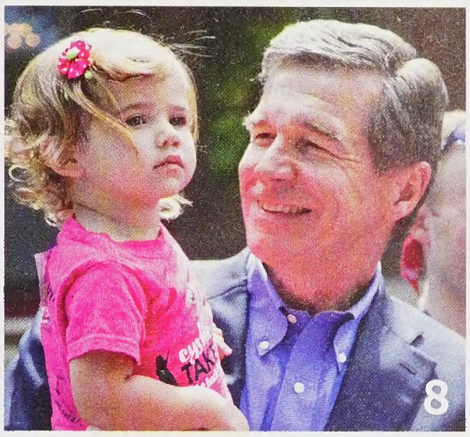

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Carolina country

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North Carolina's electric cooperatives provide reliable, safe and affordable electric service to nearly 900,000 homes and businesses. The 26 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

Why Do We Send You Carolina Country Magazine?
Your cooperative sends you Carolina Country as a convenient, economical way to share with its members information about services, director elections, meetings and management decisions. The magazine also carries legal notices that otherwise would be published in other media at greater cost.

Your co-op's board of directors authorizes a subscription to Carolina Country on behalf of the membership at a cost of less than $5 per year.

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Safety is Just a Phone Call Away

By Greg Puckett

The heat and humidity of August can be unbearable by mid-afternoon, so you get up before the sun, have some breakfast and head outside. That old fence needs replacing, and you actually have time this weekend. Walking to the barn with your coffee in hand, you watch the sun start to rise over the horizon. The tractor is ready to go with the post hole digger already attached. The plan is to set the new posts about 10 feet out from the old fence. You're moving right along with 15 holes dug out when all of a sudden you see a bright flash of light and hear a loud boom. After some smoke clears, you look down and see that your tires have blown.

You just made contact with an underground power line carrying more than 7,200 volts of electricity. You're lucky to be alive.

Buried beneath us are millions of miles of underground utilities essential to everyday life. They include electric, natural gas, water and fiber optic lines. Accidentally hitting one of these buried lines is dangerous and can cause expensive repairs. Depending on the type of underground utility, digging into one can even be fatal.

The phone call this weekend warrior needs to make now will be far more difficult than the one he should have made a few days ago. Simply calling 811 earlier in the week would have prevented this nearly fatal and costly mistake. One call to 811 from anywhere in the country, at least three days before digging, schedules the location and marking of all underground utilities on your property.

What we all know today as NC 811 was founded in 1978 as ULOCO (Underground Utilities Location Request). Today, 811 is recognized nationally as the number to "call before you dig." Electric cooperatives and other utilities fund the nonprofit organization, making it a free service for members and customers across North Carolina.

Homeowners and professional excavators are required by law to report any damages. Last year, more than 11,000 reports of damage were received by NC 811. In fact, an underground utility line is damaged every nine minutes nationwide.

In 2014, a state law was passed requiring membership of all owners of underground utilities. Also connected to this new law was the creation of a governor-appointed, 15-person enforcement board. I am proud to serve as the representative for North Carolina's electric cooperatives on this board. The Underground Damage Prevention Review Board reviews complaints against people who have violated the statute and provides the Utilities Commission with recommendations for penalties. Fines can reach $2,500.

In addition to possible fines, violators are also subject to all repair costs, which can escalate quickly in the evening or on the weekend. Not to mention, several of your neighbors may now be without power for an extended period.

Your electric cooperative and other utilities actively promote the NC 811 message and encourage members to call before they dig. We're excited to also have a commitment from Lowes Home Improvement stores to wrap 1.5 million trees nationwide with the 811 message. This year, their tool line, Kobalt, added the 811 message to all long-handled tools.

If you're planning to install a mailbox, build a deck, plant a tree, dig a pond, pour concrete or install a fence, make that call to NC 811. It could save your life.

Greg Puckett is executive vice president and general manager for Surry-Yadkin Electric Membership Corporation in Dobson.

THIS MONTH'S ISSUE:

Our Piedmont Region

This month, we're pleased to explore some of the reasons why so many are proud to call Central North Carolina home. This is the second part of a regional series: our June issue focused on the Coastal Region, and look for our Mountain Region issue in October. Wherever you find yourself in NC, rest assured that you're never far from an electric co-op, which serve a combined 1 million homes and businesses across the state.

—Scott Gates, editor

EV Battery Life?

Q: I enjoy reading articles about electric vehicles. However, I have never seen anyone say how long the batteries last or what it will cost to replace them. I am sure a lot of readers thinking of buying one would like this information.

Larry Coffey, Lincolnton, a member of Rutherford EMC

A: Well, the response is often "it depends." Many electric vehicle (EV) models come with an 8-year/100,000-mile warranty, but some do not.

While there is little agreement in the EV industry as to how long a vehicle battery will last, there is strong agreement and data that proves the more energy used from the battery between charges, the shorter the battery's life. As a result, there are some in the industry who have adopted the charging phrase of "graze not gorge" to encourage regular short charging sessions as opposed to using the vehicle until the battery is depleted.

There are a few common conditions that may cause high energy usage of the battery and possibly contribute to shorter battery life:

- High temperatures
- Overcharging
- Frequent driving with battery less than half full
- Frequent quick accelerations

As far as the cost to replace a battery when the vehicle is past warranty, prices vary from $5,500 on up. There is also an option to refurbish battery packs for about half the cost of a full replacement. Additionally, battery prices continue to drop, so the replacement cost may decline in the future.

Lastly, there is a concern about the disposal of old batteries. Thankfully, we are beginning to see the batteries being recycled or used as part of energy storage systems. This will keep the batteries out of landfills and enable them to be used for years after they are removed from the vehicles.

For example, Nissan has launched an initiative that uses old Nissan LEAF batteries as energy storage for streetlights. The lights have a solar panel that generates energy, which is then stored in the battery. At night, the battery provides the power to run the streetlight.

As battery technology continues to develop, we will see the life of batteries extend and the cost of refurbishments and replacements decrease. It also is encouraging to see options for a second life for batteries after they are removed from vehicles.

Lisa Poger, Electric Transportation Specialist, Advanced Energy

Jonathan Coulter, Building Science Specialist, Advanced Energy

Online Applause

My brother, who lives in Roanoke Rapids, North Carolina, has been sharing your magazine with me for years. I just signed up for email updates today, and I'm blown away with your webpage resources [at carolinacountry.com]! I have saved the recipe page from the magazines into a collection (in a report-style sleeve) that I love reviewing any time I need ideas.

I sincerely want to thank you for making it possible for folks outside the electric co-ops to enjoy your webpage. You are producing a great magazine and webpage! Applause! Applause!!

Pat Hawkins, Concord

Summertime Chef

Just made Grilled Southwestern Romaine (June 2018, page 34) for dinner; used the indoor broiler for the corn and a cast iron skillet for the shrimp and romaine. Perfect summertime salad entree, loved it. Easy to make—from start to finish we were eating in 30 minutes.

Ryan Boudreaux, submitted on carolinacountry.com

Correction to our July Issue

Two community website addresses, as noted in "Take a Walk in the Park," page 12, were incorrect. The accurate addresses are:

Ahoskie: ahoskienc.gov
Marshall: madisoncountync.gov

Contact us

Phone: 919-875-3091
Fax: 919-878-3970
Mail: 3400 Sumner Blvd.
Raleigh, NC 27616
Web: carolinacountry.com
Email: editor@carolinacountry.com

Experiencing a power outage?
Please contact your electric co-op directly to ensure prompt service. Visit carolinacountry.com/co-ops to find yours online.

NC 4-H'ers Focus on Citizenship at Leadership Conference

North Carolina's Electric Cooperatives partnered with North Carolina 4-H to support the Citizenship North Carolina Focus conference in June. The three-day event brought 128 high-school age participants from 47 counties to Raleigh to meet with elected officials and learn more about civic engagement, how government impacts everyday life and how they can be involved citizens and effective leaders.

Nelle Hotchkiss, senior vice president of Association Services for North Carolina's Electric Cooperatives, encouraged conference participants to make the most of the experience by taking what they learn and making a difference in their local communities.

"It says a lot about your character, your determination and your leadership ability that you sought out an opportunity like this that will help you engage with public officials and become a more involved citizen," Hotchkiss said. "Civic engagement is a responsibility we all share, and we all benefit when young people like you are committed to becoming aware of the challenges we face as a state or in your locality, and exploring how you can be part of the solution."

Dr. Mike Yoder, NC State Extension's 4-H associate director and state program leader, thanked the electric cooperatives for their ongoing partnership and emphasized the role the event plays in encouraging civic responsibility from a young age.

"Since its inception, Citizenship North Carolina Focus has been funded by North Carolina's Electric Cooperatives, and in addition to financial support, the cooperatives have contributed greatly to development of event content, providing speakers and helping establish relevant programming," Yoder said. "For many youth, this is their first opportunity to meet their elected officials, and the experience often sparks a life-long interest and passion for public service."

Visit nc4h.ces.ncsu.edu for more information about NC 4-H.

Co-op Employees Complete Advanced Education Programs

This year, Nash Community College recognized two electric cooperative employees for completing advanced education work in the college's Electric Lineman Technology program. Two earned an associate degree, completing 66 college-level credits.

The program includes Job Training & Safety courses in the classroom and outdoors on a specially designed training field built by North Carolina's Electric Cooperatives. Program participants learn skills such as overhead line construction, underground line construction and the National Electrical Safety Code. Beyond classes in line work and energy management, they can take courses toward their associate degree ranging from writing and math to critical thinking, computers and communication.

Since the program began in 1998, 21 employees have graduated with an associate degree in Electric Lineman Technology. The community college program is supported entirely by the electric cooperatives, but it also is attended by linemen from Duke Energy and municipal electric systems.

In 2018, approximately 385 students are enrolled in North Carolina's Electric Cooperatives' Job Training & Safety Training Schools at Nash Community College.

Listed are the co-op employees who completed the work during the spring semester of 2018.

Associate Degree

Piedmont Electric
Allen Johnson

Johnson works as a A-Class Lineman and has been with Piedmont Electric for 16 years. He and his wife, Candace, live in Hillsborough with their three children. His hobbies include hiking and fishing.

Union Power Cooperative
Josh Knight

Knight is an engineering technician who has been with Union Power Cooperative for nearly 12 years. He enjoys spending time outdoors with his wife, Ashley, and their three daughters.

Youth Tour 2018 Scrapbook

North Carolina's electric cooperatives sent 43 young leaders and advisors to Washington, D.C., in June on the Electric Cooperative Youth Tour, marking the 51st year for the program in North Carolina.

North Carolina's 43 Youth Tour delegates pose for pictures in front of Capitol Hill ahead of meeting their representatives.

Students listen closely as they begin their tour through the U.S. Capitol Building.

Blue Ridge Energy delegates and advisor pose during their visit to the Steven F. Udvar-Hazy Air and Space Center (left to right: Caroline Hoover, Rylie LaRue, Cookie Bradshaw, Lauren Robinson, Caitlin Finley).

Alma Adams of North Carolina's 12th Congressional District talks to student about the importance of education.

Blue Ridge Energy Member to Represent NC

Caitlin Finley, a 2018 youth tour participant sponsored by Blue Ridge Energy, was selected by fellow Youth Tourists to represent our state on the National Rural Electric Cooperative Association's (NRECA) Youth Leadership Council (YLC). One student from each state is selected to participate in a national leadership workshop and attend the 2019 NRECA Annual Meeting in Orlando.

Finley is a rising senior at Caldwell Early College High School and is very active in her community, volunteering more than 360 hours in the last three years. She currently serves as Beta Club president at her school and was accepted into the 2018 NC Governor's School. She aspires to go into the career field of forestry.

Jacob Kelley and Megan Powell of French Broad EMC pose for a photo op in view of the Washington Monument.

Isa Lu of Four County EMC introduces David Rouzer of North Carolina's 7th Congressional District.

Visit ncelectriccooperatives.com/youth-tour for more information about the program.

Moving Rural NC Forward

Gov. Roy Cooper on the economy, broadband access and his focus on rural North Carolina

Roy Cooper will mark two years as North Carolina's 75th governor at the end of 2018. Carolina Country sat down with him to reflect on his time in office thus far and discuss issues important to electric co-op members across the state.

Q: *What part of your job as governor has been the most unexpected?*

A: I knew that issues were important to people. But I don't think I expected how passionately people approach their feelings about issues like education and work force and health care. We have a lot of people in North Carolina who care deeply about making the state a better place. And the good part about me finding that so many people care is that we have been able to incorporate a lot of people's thoughts, we have been able to get a number of them to be a part of this administration—to serve on boards and commissions—and they have been able to take that passion and put it into issues that matter for us.

Making all of this work is going to be challenging, but I believe that we have a lot of people who care deeply, and we will be able to make a big difference during my time as governor.

Q: *North Carolina's electric cooperatives see rural broadband coverage as opening doors to improved energy services and economic development, among other benefits. What do you see as the best path forward to achieving widespread rural access to high-speed internet?*

A: When it comes to true success for the economy and education, broadband is not optional. It is a necessary part of making sure that our population is educated and making sure that our economy grows, particularly for small businesses in rural areas.

What we know is we cannot completely rely on the private sector to make this happen. Because if you continue just for the economic feasibility argument, then a lot of areas in Tier 1 and 2 and even Tier 3 counties are not going to be able to get broadband. [Tier 1 counties are determined by the NC Department of Commerce to be the most economically stressed; Tier 3 to be the least.]

The state of North Carolina has to make a significant investment to form public/private partnerships and to leverage other nonprofit money to make sure that we enter into "last mile" agreements to get that broadband access out there.

My budget provided $20 million from the state to increase broadband access with significantly more flexibility than what was passed in the budget. This budget provided $10 million for Tier 1 counties, and that's a start. But I think there has to be significantly more investment by the state in order to leverage the private and nonprofit resources to get the job done.

We got a leg up in that we have connected our public schools, which is very positive, but a lot of those kids who have that connectivity in school take their device home, and it won't work. So we have to close that "homework gap," and we have to make sure that farmers and small business people in rural North Carolina have access to broadband so that they can have access to markets all over the world.

I believe that it is a critical part of economic development. And I think the state has got to step up.

Q: *North Carolina is growing, although U.S. Census data show that growth is predominately in urban areas. What can be done to ensure rural North Carolina continues to share in the economic success of the state?*

A: I grew up in rural Eastern North Carolina, and my roots are still there. Eastern North Carolina is a part of who I am. Clearly, we are seeing most of the growth occur in our urban areas, but we are beginning to see more and more that our rural areas have a lot to offer that the urban areas can't.

We need to emphasize the lower cost of living, the broader open spaces, the slower pace of life—all a part of the rural experience where people can live, raise a family and know that they are going to have a good quality of life.

But I think it is also important for us to use those positives to help us attract businesses to rural North Carolina. We have already attracted over 11,000 jobs to rural parts of our state. And we do that by emphasizing their strengths and working with the local leadership to sell the area. We also need to make sure that we encourage the businesses that are already there, the small to mid-sized businesses that are critical.

And then we have to realize that health care is a key factor, and expansion of Medicaid could be one of the most important economic boosts to rural North Carolina. It is going to create over 40,000 new health care jobs in

our state. It is going to insure over 600,000 people and it is going to help with the bottom line of rural hospitals, because many of them are struggling for existence.

Finally, significant investments in education are critical. Good public schools—and particularly strong community colleges for rural areas—are the linchpin to success. I worry about the commitment to education of our last few budgets; we need to make sure that we fund these schools because they are critical in rural North Carolina.

Q: *Tell us about your Hometown Strong initiative as it applies to these and other challenges you see facing rural NC.*

A: Most local governments don't have big staffs, and they spend a lot of their time just keeping the trains on the track, so their long-range planning—making sure that the county is economically successful and they have a good quality of life—they struggle with that. They also struggle with knowing what resources are available to them and how they can navigate the thicket of state and federal government.

Hometown Strong was born of the idea that breaking down silos and increasing communication can help rural counties succeed. So instead of creating a new agency or a new bureaucracy, we created a small action team in the governor's office that is charged with helping local rural counties achieve their goals. And using the convening power of the governor's office and my charge to all of the agencies to pay attention to Hometown Strong, we have already gotten off to a great start.

Cooper (second from left) during a tobacco harvest on his family's land in the 1970s.

The team has visited a number of rural counties, and when local leaders see the state agencies all represented in one room to help them deal with some of their most significate challenges, they have found it to be extraordinarily helpful.

We know that Hometown Strong isn't bringing a big bag of money to the county, but what it is bringing is the ability to communicate and to solve problems and potentially find areas of funding that the county may not have known about previously.

So we are excited about this effort. The idea was generated because of where I come from and what I grew up with, and how amazing life in rural North Carolina can be, particularly when counties can meet challenges and make sure they can provide a great quality of life for the people who are there.

Q: *What do you consider to be the most pressing energy issues facing North Carolina?*

A: Having low-cost, reliable energy is critical to economic development. I knew that before I became governor, but in the business of recruiting companies to be here, you find what a crucial factor that is.

We are No. 2 in the country in solar energy, and a lot of that has come in the rural parts of our state. So we have to make sure that we are paying attention to renewable energy and making it a critical part of our energy future. I am excited about what we can do.

We need to work on making sure that we have reliable energy, but I do not think it should come at a cost of offshore drilling. I think that is wrong for our state. I think the risks of offshore drilling are too great to take that chance.

Q: *What do you see as the biggest challenges ahead for your first term as governor?*

A: I want to get our teachers' salaries at least to the national average. I want to improve spending for our public schools. I want to make sure that North Carolina is a Top 10 educated state by 2025. I believe we are already there with our community colleges and our universities, but even with them we are going to need continued investment. We have to do more with investment at early childhood, Pre-K, K through 12. I am talking cradle-to-college investment in education.

My "CEO Mission Statement" for North Carolina is that we have a state where people are better educated, where they are healthier, where they have more money in their pockets and the opportunities to live a more abundant and purposeful life.

Our investments in education are going to be critical in making sure we achieve that mission statement.

To send an email to Gov. Cooper or follow him on social media, visit governor.nc.gov/contact.

GETTING TO KNOW

Central NC

Piedmont Region Facts

1 Good food

We sure do know how to make some tasty treats. Cheerwine (Salisbury), Krispy Kreme (Winston-Salem), Texas Pete (Winston-Salem) and Bojangles' restaurants (Charlotte) are among several beloved brands born in the Piedmont.

Krispy Kreme, Winston-Salem

2 Fast cars

NASCAR held its first "Strictly Stock" race on June 19, 1949, at the Charlotte Fairgrounds Speedway in Mecklenburg County. The dirt track closed in 1956, but the NASCAR Hall of Fame now stands a few miles from where it all began.

3 Famous furniture

Thanks to rail access and vast stands of hardwoods, furniture making blossomed in the region following the Civil War. By 1900, there were more than 40 furniture factories in High Point and surrounding towns, according to the Encyclopedia of North Carolina (UNC Press). In the 1980s, we made half of all furniture sold in the U.S.

4 Golfers' haven

The climate and topography of North Carolina's Sandhills have long drawn golfers from around the country and world, and in the early 1900s Scottish golfer Donald Ross designed his first course for Pinehurst resort. Ross went on to design hundreds of renowned courses, and Pinehurst adopted the moniker "Home of American Golf." Croquet is a big deal there, too.

Fort Bragg celebrates the Army's birthday with a four-mile run.

5 We ♥ our troops

North Carolina has the third-largest military population in the United States, and the Piedmont Region is home to Fort Bragg, the largest U.S. military installation in the world. Our state also is home to 790,000 veterans, including about 225,000 who are under 50 years old, according to the NC Military Foundation.

Central NC Co-ops

Central North Carolina, defined for our purposes as bordered by I-77 to the west and I-95 to the east, is served by 12 electric cooperatives that, combined, bring power to more than half a million consumers. Yes, the region is home to the state capital and our largest cities, but the rural areas in-between are home to vibrant art, culinary and recreational scenes.

1 Central EMC
Headquarters: Sanford
Members served: 22,600
Miles of line: 2,517

2 EnergyUnited
Headquarters: Statesville
Members served: 126,000
Miles of line: 12,909

3 Halifax EMC
Headquarters: Enfield
Members served: 11,700
Miles of line: 1,704

4 Lumbee River EMC
Headquarters: Red Springs
Members served: 57,600
Miles of line: 5,793

5 Pee Dee Electric
Headquarters: Wadesboro
Members served: 21,000
Miles of line: 3,370

6 Piedmont Electric
Headquarters: Hillsborough
Members served: 31,800
Miles of line: 3,544

7 Randolph EMC
Headquarters: Asheboro
Members served: 31,700
Miles of line: 4,313

8 Roanoke Electric Cooperative
Headquarters: Aulander
Members served: 14,500
Miles of line: 2,253

9 South River EMC
Headquarters: Dunn
Members served: 44,400
Miles of line: 4,713

10 Surry-Yadkin EMC
Headquarters: Dobson
Members served: 27,000
Miles of line: 4,076

11 Union Power Cooperative
Headquarters: Monroe
Members served: 74,800
Miles of line: 5,975

12 Wake Electric
Headquarters: Wake Forest
Members served: 43,500
Miles of line: 3,276

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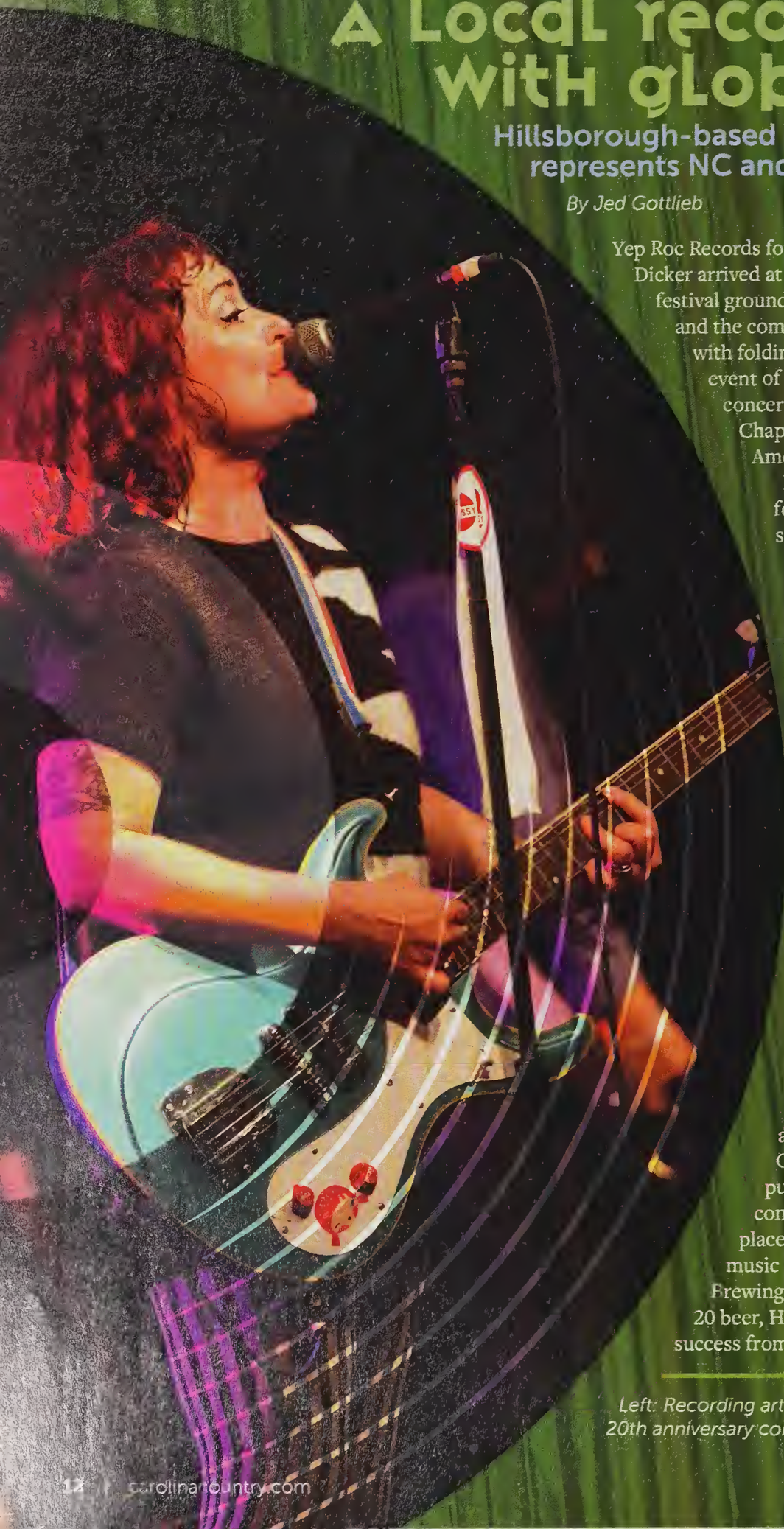
"What I really liked, is that everything your representative said to me was true. I didn't have to follow up, the paper work came to me. And I am one of those people that believes good customer service is still very important." – **Kay F.**

OUTDOOR ACCESS

A Local record label with global reach

Hillsborough-based Yep Roc Records represents NC and international artists

By Jed Gottlieb



Yep Roc Records founders Tor Hansen and Glenn Dicker arrived at Hillsborough River Park to find their festival grounds humming. It was October 2017, and the community had flooded into the park with folding chairs and smiles for the marquee event of the label's 20th anniversary—a free concert featuring Yep Roc artists, including Chapel Hill folk duo Mandolin Orange and Americana legend Jim Lauderdale.

But Hansen and his wife, Kim, who founded the label with the pair, thought something was missing.

Thinking they needed a birthday gift for Dicker, Hansen's childhood friend and business partner of two decades, the couple slipped out and walked to the general store on King Street. They bought a straw hat and reflective mailbox stickers spelling out "YR20" to commemorate the label's milestone. After affixing them to the hat, they headed back to present their creation to Dicker.

"The hat made it through [the day] in one piece," Dicker remembers. "And it came in handy, it was a super sunny day and it was a nice straw hat with a green visor."

The concert capped three days of Yep Roc parties around the Triangle, including sets from underground rock hero Alejandro Escovedo and "Cruel to be Kind" crooner Nick Lowe at iconic Carrboro rock club Cat's Cradle. But for the guys, Saturday's public concert topped everything. The concert seemed to cement the label's place in Hillsborough's vibrant arts and music scene. With the town's Mystery Brewing Company's limited-edition Yep Roc 20 beer, Hansen and Dicker toasted international success from their rural North Carolina home.

Left: Recording artist Dressy Bessy performs at the label's 20th anniversary concert, YR20, in October 2017.

Southern transplants

Dicker and Hansen first experienced the area's hospitality in 1991. The grade school buddies who grew up outside of Philadelphia booked their band, Vouts, into Cat's Cradle.

"We just loved the vibe of the town," Dicker says. "The people were so nice. People at a record store put us up for the night. It was just awesome."

The band broke up; the memory of North Carolina remained.

In the early '90s, the pair worked at Boston's Rounder Records, a legendary roots label, where they got a good look at the industry from the warehouse to the sales office to press and radio campaigns. Rounder provided great training, but eventually an entrepreneurial spirit and a longing for a move pulled the pair south.

"I had time working at retail and labels so I understood how distribution worked, so I felt I could make my way into the market with independent artists and small record labels," says Hansen, who moved to the area in 1995 to work for Planet Music, a Borders subsidiary. Around the same time, Hansen started Redeye Worldwide, a music distribution company now also based in Hillsborough. "Then I thought, 'We need to start a record label. It would work hand in glove with distribution.'"

Up in Boston, Dicker had founded a label and made some impressive contacts with artists who would later end up on Yep Roc such as Lauderdale and Lowe. Just as Dicker's label began to lose steam, Tor Hansen came calling.

Tor Hansen (left) and Glenn Dicker, founders of Yep Roc Records

When Yep Roc relocated to Hillsborough to join its sister company, Redeye Worldwide, the label found a home on Churton Street in historic downtown.

"I went down to visit Tor, saw him working out of his house, visited a few of the local record stores, and I thought it was great," Dicker says. "Besides the place, it was working with Tor, a guy I've known since I was five years old, that hooked me. I had saved some money and thought, 'Yeah, I can move down there and make zero money for six months as long as in the next six months we can build something.'"

Acting locally

From the beginning, Yep Roc and Redeye's approach mirrored the adage "think globally, act locally." Where other record executives showed up at Brooklyn clubs to schmooze hip new bands with gold record dreams, Dicker and Hansen drove around the Southeast chatting up indie record store clerks.

"We go in and ask, 'Who is the biggest selling artist in your consignment bin?,' then we'd go get the records and call up the bands," Dicker says. "It was old-school, it was regional, it was something that major labels and indies wouldn't do."

"If they were doing well at the indie stores, we realized they probably weren't keeping up with distribution in the broader market," Hansen says. "Man, we traveled a lot. We went up to Richmond, out to Nashville, down south to Atlanta."

The pair targeted artists for Redeye who could sell albums but couldn't get their releases in the chains of the day: Tower Records, Virgin Megastore, Best Buy. In the late '90s, they found bands with local fan bases that could still move 10,000 records if they had distribution in the right shops.

"You wouldn't know it, but Doug Clark and the Hot Nuts was one of our bigger selling records back in the day," Hansen says with a laugh, thinking of the late ribald rocker who made his name in Chapel Hill in the '60s.

What started in the Hansen's family basement in Carrboro, moved to Graham, then Haw River as it grew. But Hillsborough, where the label and distribution company bought two buildings, felt like home. So Yep Rock set up shop in the town in 2012, and Redeye joined its sister company in 2015.

As operations relocated, a move to New York or Nashville, Los Angeles or London never came up. While it seems 90 percent of the musical industry works out of those cities, Hansen and Dicker never felt the need to compromise small-town life for global success.

"I always felt we had an advantage being in a place where everybody else wasn't," Dicker says. "If we had been in New York, we would have been competing with a ton of other labels for the same artists. I'm a very competitive person and I'm very ambitious, but I'm not into that kind of process."

Billy Maupin, Yep Roc's general manager and a North Carolina resident since he was three, backs up his boss' philosophy.

"People in the industry see our perspective as a little different," Maupin says. "We aren't part of any industry group think. We aren't chasing what's hip."

The bulk of Yep Roc and Redeye's 90-some employees work in Hillsborough, but the label has staff scattered around the world: three in Berlin, three in London, one in Toronto and one in Sydney.

A hip rural town

Yep Roc has never been a hipster label, but it found a hip town.

Despite its small size, Hillsborough has filled its downtown with bookstores, art galleries and a score of other locally owned businesses. The community has its own radio station (WHUP) and record store/bar (Volume)—rare finds in towns 10 times its size. It also boasts a dozen resident writers, including Frances Mayes ("Under the Tuscan Sun") and Allan Gurganus ("Oldest Living Confederate Widow Tells All").

While Hillsborough is known for arts, local internet retailers including Soccer.com and Pheinc.com make the town a player in the world of online commerce. This blend of arts and commerce made Yep Roc feel welcome from the start.

"As soon as we got there we thought it was a great fit," Dicker says. "The mayor even came right over and took me around town and introduced me to everybody."

Mayor Tom Stevens says the town's reputation as a music hub is picking up momentum, and Yep Roc's relocation has helped.

"We have a lot of homegrown music here and more developing all the time," Stevens says, pointing to the local Music Maker Relief Foundation, a nonprofit working to preserve Southern musical traditions with grants to artists, and a now bustling music scene. "For a town of this size, it's amazing to walk out on Saturday night and have three or four regular venues of real quality with live music. Yep Roc is part of the rhythm of the town that makes that happen."

carolinacountry.com/music
Listen to featured tracks from North Carolina musicians, including Yep Roc artists Mandolin Orange.

Hansen and Dicker never imagined themselves "upstanding corporate citizens," as the Mayor calls them, when they were unpacking boxes of Doug Clark and the Hot Nuts CDs in a Carrboro basement.

"You'd hear about Hillsborough as this artists' community, and now people throw us in as part of that community, and that feels really good," Dicker says. "They have world-class authors and painters and sculptors. And now they say they have a major music business. And we are proud of that."

Warehouse employees pack merchandise at Redeye Worldwide in Hillsborough.

Jed Gottlieb spent nearly a decade as the senior music and theater critic at the Boston Herald. He is currently a freelance writer whose work has been featured in Newsweek, Quartz, Fast Company and Columbia Journalism Review, among others.

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Leading Acid Reflux Pill Becomes an Anti-Aging Phenomenon

Clinical studies show breakthrough acid reflux treatment also helps maintain vital health and helps protect users from the serious conditions that accompany aging such as fatigue and poor cardiovascular health

by David Waxman
Seattle Washington:

A clinical study on a leading acid reflux pill shows that its key ingredient relieves digestive symptoms while suppressing the inflammation that contributes to premature aging in men and women.

And, if consumer sales are any indication of a product's effectiveness, this 'acid reflux pill turned anti-aging phenomenon' is nothing short of a miracle.

Sold under the brand name AloeCure, it was already backed by clinical data documenting its ability to provide all day and night relief from heartburn, acid reflux, constipation, irritable bowel, gas, bloating, and more.

But soon doctors started reporting some incredible results…

"With AloeCure, my patients started reporting less joint pain, more energy, better sleep, stronger immune systems… even less stress and better skin, hair, and nails" explains Dr. Liza Leal; a leading integrative health specialist and company spokesperson.

AloeCure contains an active ingredient that helps improve digestion by acting as a natural acid-buffer that improves the pH balance of your stomach.

Scientists now believe that this acid imbalance is what contributes to painful inflammation throughout the rest of the body.

The daily allowance of AloeCure has shown to calm this inflammation which is why AloeCure is so effective.

Relieving other stressful symptoms related to GI health like pain, bloating, fatigue, cramping, constipation, diarrhea, heartburn, and nausea.

Now, backed with new clinical studies, AloeCure is being recommended by doctors everywhere to help improve digestion, calm painful inflammation, soothe joint pain, and even reduce the appearance of wrinkles – helping patients to look and feel decades younger.

FIX YOUR GUT & FIGHT INFLAMMATION

Since hitting the market, sales for AloeCure have taken off and there are some very good reasons why.

To start, the clinical studies have been impressive. Participants taking the active ingredient in AloeCure saw a stunning 100% improvement in digestive symptoms, which includes fast and lasting relief from reflux.

Users also experienced higher energy levels and endurance, relief from chronic discomfort and better sleep. Some even reported healthier looking skin, hair, and nails.

A healthy gut is the key to a reducing swelling and inflammation that can wreak havoc on the human body. Doctors say this is why AloeCure works on so many aspects of your health.

AloeCure's active ingredient is made from the healing compound found in Aloe vera. It is both safe and healthy. There are also no known side effects.

Scientists believe that it helps improve digestive and immune health by acting as a natural acid-buffer that improves the pH balance of your stomach.

Research has shown that this acid imbalance contributes to painful inflammation throughout your entire body and is why AloeCure seems to be so effective.

EXCITING RESULTS FROM PATIENTS

To date over 5 million bottles of AloeCure have been sold, and the community seeking non-pharma therapy for their GI health continues to grow.

According to Dr. Leal, her patients are absolutely thrilled with their results and are often shocked by how fast it works.

"For the first time in years, they are free from concerns about their digestion and almost every other aspect of their health," says Dr. Leal, "and I recommend it to everyone who wants to improve GI health without resorting to drugs, surgery, or OTC medications."

"I was always in 'indigestion hell.' Doctors put me on all sorts of antacid remedies. Nothing worked. Dr. Leal recommended I try AloeCure. And something remarkable happened… Not only were all the issues I had with my stomach gone - completely gone – but I felt less joint pain and I was able to actually sleep through the night."

With so much positive feedback, it's easy to see why the community of believers is growing and sales for the new pill are soaring.

THE SCIENCE BEHIND ALOECURE

AloeCure is a pill that's taken just once daily. The pill is small. Easy to swallow. There are no harmful side effects and it does not require a prescription.

The active ingredient is a rare Aloe Vera component known as acemannan.

Made from of 100% organic Aloe Vera, AloeCure uses a proprietary process that results in the highest quality, most bio-available levels of acemannan known to exist.

According to Dr. Leal and several of her colleagues, improving the pH balance of your stomach and restoring gut health is the key to revitalizing your entire body.

When your digestive system isn't healthy, it causes unwanted stress on your immune system, which results in inflammation in the rest of the body.

The recommended daily allowance of acemannan in AloeCure has been proven to support digestive health, and calm painful inflammation without side effects or drugs.

This would explain why so many users are experiencing impressive results so quickly.

REVITALIZE YOUR ENTIRE BODY

With daily use, AloeCure helps users look and feel decades younger and defend against some of the painful inflammation that accompanies aging and can make life hard.

By buffering stomach acid and restoring gut health, AloeCure calms painful inflammation and will help improve digestion… soothe aching joints… reduce the appearance of wrinkles and help restore hair and nails … manage cholesterol and oxidative stress… and improve sleep and brain function… without side effects or expense.

Readers can now reclaim their energy, vitality, and youth regardless of age or current level of health.

One AloeCure Capsule Daily

- **Helps End Digestion Nightmares**
- **Helps Calm Painful Inflammation**
- **Soothes Stiff & Aching Joints**
- **Reduces appearance of Wrinkles & Increases Elasticity**
- **Manages Cholesterol & Oxidative Stress**
- **Supports Healthy Immune System**
- **Improves Sleep & Brain Function**

HOW TO GET ALOECURE

This is the official nationwide release of the new AloeCure pill in the United States. And so, the company is offering our readers up to 3 FREE bottles with their order.

This special give-away is available for the next 48-hours only. All you have to do is call **TOLL-FREE 1-800-748-4119** and provide the operator with the Free Bottle Approval Code: AC100. The company will do the rest.

Important: Due to AloeCure's recent media exposure, phone lines are often busy. If you call and do not immediately get through, please be patient and call back. Those who miss the 48-hour deadline may lose out on this free bottle offer.

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That '70s home

5 design trends making a comeback

Disco may be dead, but the spirit of the 1970s is not. People are adding their own splash of '70s style in updated, modern ways in their homes. Here are top decorating trends with an unmistakable '70s flair.

More macramé, please

From dip-dyed wall hangings to plant hangers, macramé is back in a big way. Whether you purchase these items already made or you enroll in a class to make them yourself, macramé offers an easy way to add texture and an artistic touch to your home.

Dorm Décor

Want to create a fun '70s vibe for your dorm room this fall? Try these easy, inexpensive tips:

- Hang a colorful, textured tapestry or large scarf above your bed.
- Buy a lava lamp. (Make sure to unplug it when you leave or go to sleep.)
- Put up a pretty bead curtain to sub as your closet door.
- Put a peace sign somewhere in the room, the larger the better.
- Add beanbags in earthy colors (rust, green, brown) for floor seating.
- Invest in a black light. It will make white fabrics (and your teeth) look terrific.

Groovy colors

The blazing orange walls of the '70s may not be back anytime soon, but homeowners are using more dynamic colors to define their home's interiors. Paint manufacturer Sherwin-Williams named a bold, jewel-toned blue-green color, Oceanside SW 6496, as its 2018 color of the year. Sue Wadden, director of color marketing at Sherwin-Williams, suggests adding bright pops of orange or green with it on throw pillows and blankets.

Go shagadelic

The sun has (thankfully) set on wall-to-wall shag carpets, but shag rugs are a tasteful, resurgent design trend. Homeowners frequently purchase cozy shag rugs for children's areas like nurseries and playrooms. Whether made of sheepskin or conventional textiles, a shag rug is something you'll enjoy walking across.

Bring wicker inside

A staple in sun porches for generations, wicker furniture is making a big comeback. Designers are suggesting it for main pieces, such as chairs and headboards, and accessories such as frames for mirrors. Available in a wide array of colors and shades, wicker can be used to create a centerpiece in your bedroom, living room or, yes, your porch.

Green living ... literally

In the 1970s, people believed that there was no such thing as too many plants in their home. This affection for indoor greenery is back, and homeowners have revitalized confidence in their green thumbs. From large potted plants in the corner to hanging basket plants, people are loving the opportunity to create an urban oasis of their own.

—Brandpoint

Simple Ways to Save

Discount cards, exercise can lower your pet's medical costs

Pet owners know that there's nothing like the love of their furry family members. Keeping pets healthy is a priority, but health care costs for pets can be quite expensive. If you are dealing with additional expenses such as prescriptions for chronic conditions, it can become a burden to your budget.

Fortunately, there are several things pet owners can do proactively to keep pets healthy and save money, too.

Preventative care

"An ounce of prevention is worth a pound of cure" is just as applicable to pets as it is to their human caregivers. One of the most important things to do is to bring pets in for annual checkups.

During wellness checkups, veterinarians can screen for a variety of health conditions. They provide insight on diseases, age-related concerns, dental health and nutritional considerations. Regular checkups help vets identify problems sooner rather than later, and this can translate to more affordable health care costs in the long run.

Prescription discount cards

There are several programs on the market that offer free discount cards that you can use to lower pet prescription costs. For example, the Inside Rx Pets program offers savings on commonly prescribed medications such as insulin and antibiotics. These cards aren't insurance—they are savings cards. The programs typically offer lists of medications, pricing information and other details on their websites, along with a card you can download.

Then, when your pet's veterinarian writes a prescription for an applicable medication, you present the card with the prescription at one of the participating pharmacies associated with the program you've chosen. Many programs include national chains such as CVS and Walgreens.

Exercise and nutrition

Obesity is a growing concern for many pets. Poor nutrition paired with limited exercise causes pets to put on additional weight. This weight can put them at higher risk for health concerns like diabetes, osteoarthritis and ligament injuries. These conditions not only risk your pet's quality of life, but also can deeply impact your pocketbook.

Pets, just like humans, require exercise and proper nutrition to stay healthy and feel their best. Whether that's letting your rabbit out of the cage to run or going on a walk with your dog, be sure to make regular exercise a part of your fur family's routine.

Emergency fund

Choosing between a pet and an unexpected health expense is something no one wants to experience. Being prepared can make a big difference when facing difficult decisions, so it's wise to have savings set aside.

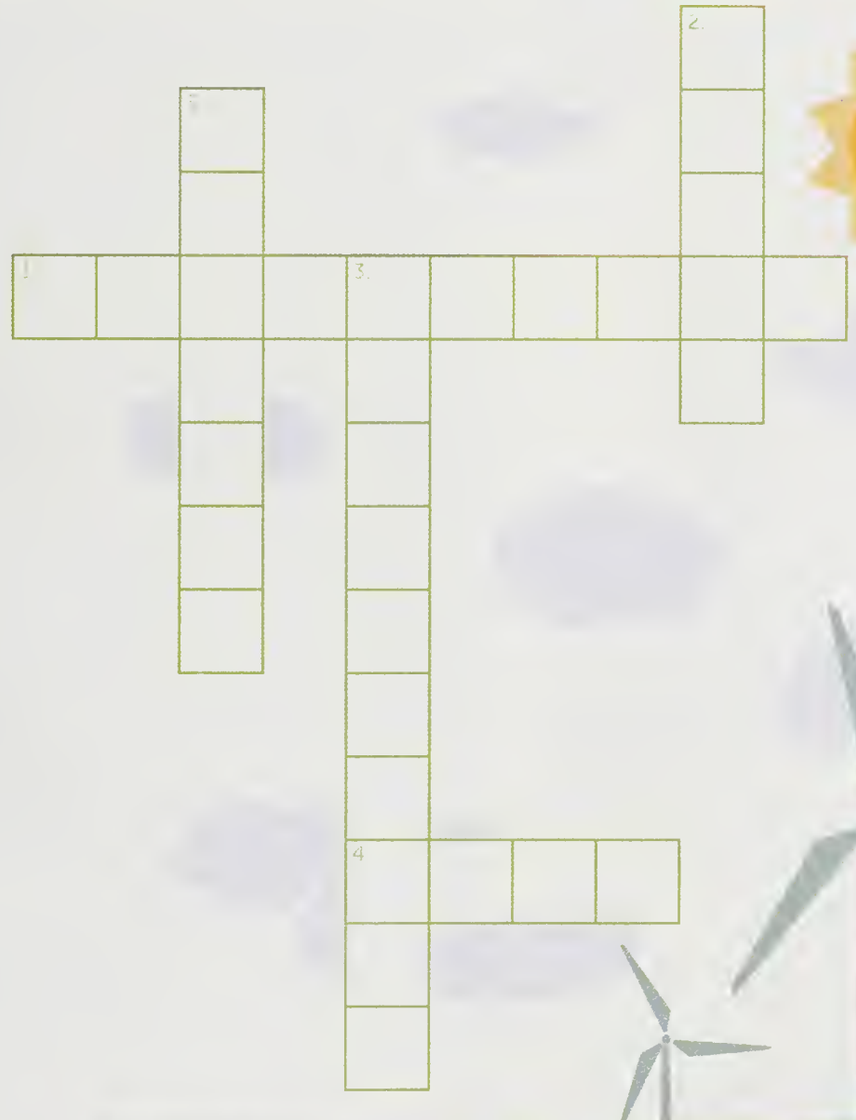
Some pet owners are starting pet health savings accounts (HSAs), similar to accounts that people hold for themselves to pay for medical expenses. Whether you choose that path or a traditional savings account, an emergency fund can ease worries about unexpected expenses.

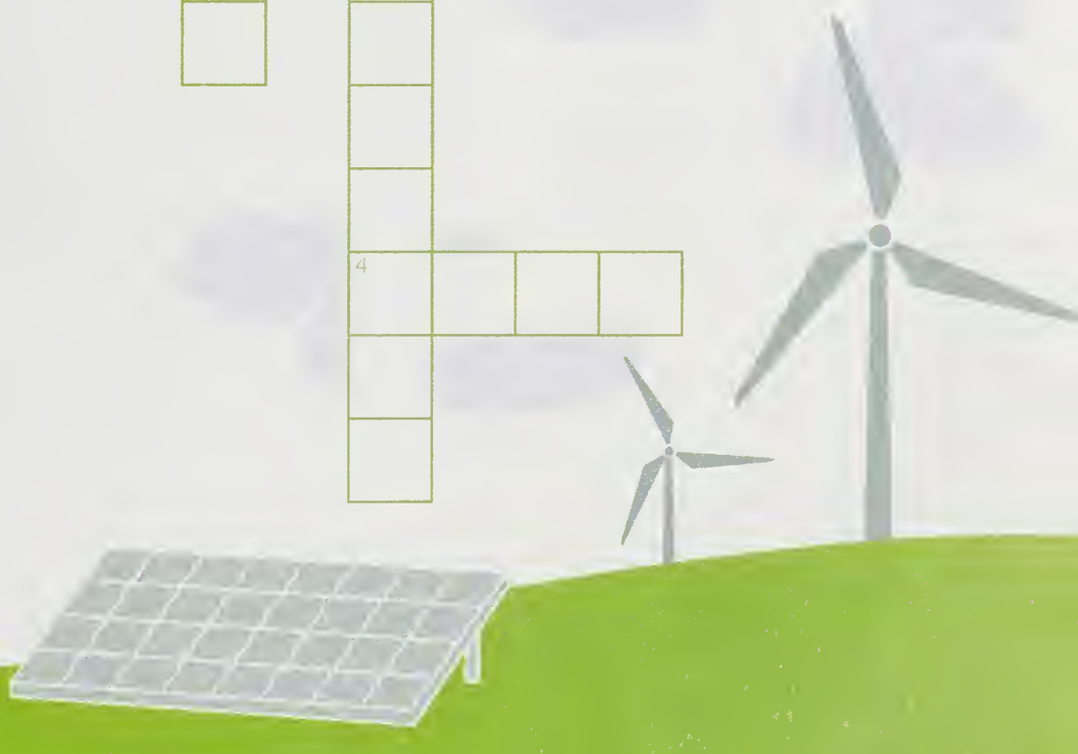
—Brandpoint

Renewable Energy Sources Crossword

Did you know the electricity you use in your home is generated using a variety of fuel sources? Some energy sources are non-renewable (like natural gas and coal) and some are renewable (like solar and wind energy). Learn about renewables and complete the puzzle below.

1. **ACROSS:** _____ energy uses heat from the earth. People can use the heat to warm buildings or to generate electricity.
2. **DOWN:** _____ energy is produced through panels that convert sunlight into electricity.
3. **DOWN:** _____ is energy produced from moving water. The power plant is typically located on or near a water source.
4. **ACROSS:** _____ energy uses tall turbines with blades to collect kinetic energy.
5. **DOWN:** _____ is organic material that comes from plants and animals; it contains stored energy from the sun and when burned, uses chemical energy that is released as heat.





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ANSWER KEY:
1. ACROSS: GEOTHERMAL 2. DOWN: SOLAR 3. DOWN: HYDROPOWER
4. ACROSS: WIND 5. DOWN: BIOMASS

Watermelon on the Go

Eat well with these portable meals

It can be pretty easy to reach for a pre-packaged snack that lacks important vitamins and nutrients. Instead, when looking for portable, grab-and-go foods, think about a multi-purpose treat like watermelon.

Watermelon can be diced, sliced, balled or blended, and it provides several health benefits. Watermelon contains higher levels of lycopene than any other fresh fruit or vegetable and is a source of vitamins A, B6 and C, as well as potassium.

There are many ways to incorporate it into snacks and meals, whether as a side dish or a key ingredient in beverages, salads and wraps. These recipes can help satisfy your sweet tooth and provide nutrients. Find more watermelon recipes at watermelon.org.

Watermelon Collagen Creamsicle Smoothie

- 2 cups cubed watermelon
- 2 rounded tablespoons collagen powder
- 2 tablespoons heavy cream

In blender, combine watermelon, collagen and heavy cream; blend. Pour into a glass to serve.

Yield: 1 serving

What is collagen?

Collagen is a structural protein available as a supplement in the form of a tasteless powder. It has been known to help improve joint and digestive health, but consult your doctor or a dietitian for more information.

Interchangeable Wrap Recipe

Select specific ingredients from list below, plus:

- 1 tortilla
- 2–4 teaspoons spread
- 5–8 slices meat
- 1 watermelon spear, about ½-inch thick, 1-inch wide
- 2–4 teaspoons sauce
- 2–4 slices cheese

Begin by gathering the ingredients for your desired wrap from the list below. For any wrap, start with a spread (chive cream cheese, hummus, guacamole or Greek yogurt) to help the fillings stick together. Place the rest of your ingredients in the center of a tortilla and put the watermelon spear on top. Roll the tortilla over, tucking where needed. Fasten with a toothpick, if desired.

Yield: 1 large serving

English Tea-style Flour tortilla, chive cream cheese, ham, watermelon and watercress

Greek Tortilla, plain Greek yogurt, feta cheese, watermelon and black olives

Latin Watermelon Flour tortilla, guacamole, ham, watermelon, pepper jack cheese, cilantro, scallions and jalapeños

Southwest Chicken Corn or flour tortilla, guacamole, chicken, watermelon, salsa, bacon ranch dressing, pepper jack cheese and romaine lettuce

Watermelon Caprese Flour tortilla, pepperoni, watermelon, pesto, mozzarella cheese and basil

Thai Peanut Chicken Corn tortilla, chicken, watermelon, Thai peanut sauce, Bibb lettuce, carrots and cilantro

Southwest Veggie Spinach tortilla, guacamole, watermelon, barbecue ranch dressing, Swiss cheese, cucumber and cilantro

Middle Eastern Veggie Corn tortilla, hummus with pine nuts, watermelon, mint and cucumber slices

Ginger Chicken Wheat wrap, chicken, watermelon, teriyaki ginger sauce, sweet chili and ginger sauce, Bibb lettuce and Brussels sprouts

Hawaiian Spinach wrap, pineapple cream cheese, ham, watermelon, sweet chili and ginger sauce and cilantro

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- 580 lb. capacity
- Heavy duty gas struts hold lid open at 90 degrees

NEW

Customer Rating ★★★★★
NOW $99.99
$149.99
COMPARE TO SNAP-ON MODEL: KRBC10TBPC $799.95
SAVE $699
Side tray sold separately.
ITEM 64096

67097522
LIMIT 3 · Coupon valid through 11/30/18*

BADLAND Battle Tested — SUPER COUPON

2500 LB. ELECTRIC WINCH WITH WIRELESS REMOTE CONTROL
- Weighs 14.3 lbs.
- 11-1/8" L x 4-1/2" H

Customer Rating ★★★★

NOW $49.99
$69.99
COMPARE TO SUPERWINCH MODEL: 1125220 $189.99
SAVE $140
ITEM 61840/61297/63476/61258 shown
Voted Best Winches

67100818
LIMIT 5 · Coupon valid through 11/30/18*

WARRIOR — SUPER COUPON

29 PIECE TITANIUM DRILL BIT SET
Customer Rating ★★★★★

NOW $9.99
$17.99
COMPARE TO DEWALT MODEL: DW1368 $64.99
SAVE 84%
ITEM 62281/61637 shown

67102803
LIMIT 9 · Coupon valid through 11/30/18*

EARTHQUAKE — SUPER COUPON

1/2" HEAVY DUTY COMPOSITE PRO AIR IMPACT WRENCH
- Weighs 5 lbs.

Customer Rating ★★★★★

950 FT. LBS. TORQUE BOLT BREAKAWAY
NOW $89.99
$114.99
COMPARE TO CHICAGO PNEUMATIC MODEL: CP7749 $249.99
SAVE $160
ITEM 62835

67117980
LIMIT 4 · Coupon valid through 11/30/18*

COVERPRO — SUPER COUPON

10 FT. x 10 FT. PORTABLE SHED

Customer Rating ★★★★★
NOW $139.99
$159.99
ITEM 63297
COMPARE TO SHELTER LOGIC MODEL: 70333 $236.89
SAVE $96

67121146
LIMIT 5 · Coupon valid through 11/30/18*

HaulMaster — SUPER COUPON

18" x 12" MOVER'S DOLLY
- 1000 lb. capacity

Customer Rating ★★★★★
NOW $7.99
$10.99
COMPARE TO BUFFALO TOOLS MODEL: HDFDOLLY $17.65
SAVE 54%
ITEM 61899/63095/63096
63098/63097/93888 shown

67155073
LIMIT 8 · Coupon valid through 11/30/18*

SUPER COUPON

7 FT. 4" x 9 FT. 6" ALL PURPOSE/WEATHER RESISTANT TARP
Customer Rating ★★★★★

NOW $2.99
$4.99
COMPARE TO BLUE HAWK MODEL: BHX10-7 $9.98
SAVE 70%
ITEM 69249/69115/69137
69129/69121/877 shown

67123619
LIMIT 8 · Coupon valid through 11/30/18*

CENTECH — SUPER COUPON

2/10/50 AMP, 12 VOLT BATTERY CHARGER/ ENGINE STARTER
Customer Rating ★★★★

NOW $79.99
SAVE 50%
$44.99
COMPARE TO SCHUMACHER ELECTRIC MODEL: SE-1250 $59.99
ITEM 60581
60653 shown

67127601
LIMIT 4 · Coupon valid through 11/30/18*

SUPER COUPON

.50 CAL METAL AMMO CAN
Customer Rating ★★★★★

NOW $12.99
$15.99
ITEM 63750/63181 shown
COMPARE TO GAME WINNER MODEL: FSGWHE1030 $24.99
SAVE 48%

67128972
LIMIT 6 · Coupon valid through 11/30/18*

PITTSBURGH AUTOMOTIVE — SUPER COUPON

ATV/LAWN MOWER LIFT
Customer Rating ★★★★★

- 300 lb. capacity
- Weighs 72.5 lbs.

NOW $74.99
$89.99
ITEM 60395/62325
62493/61523 shown
SAVE $67
COMPARE TO MAX LOAD MODEL: 30028 $142.08

67133444
LIMIT 5 · Coupon valid through 11/30/18*

PITTSBURGH — SUPER COUPON

40 PIECE, 3/8" DRIVE SAE AND METRIC SOCKET SET
Customer Rating ★★★★

LIFETIME WARRANTY
NOW $3.99
$4.99
COMPARE TO KOBALT MODEL: 88809 $19.97
SAVE 80%
EM 63015/61328/47902/62843 shown

67135089
LIMIT 9 · Coupon valid through 11/30/18*

drill master — SUPER COUPON

80 PIECE ROTARY TOOL KIT
Customer Rating ★★★★

NOW $6.99
$9.99
ITEM 63292/63235/68986/97626 shown
COMPARE TO PROFESSIONAL WOODWORKER MODEL: 51832 $26.35
SAVE 73%

67136083
LIMIT 8 · Coupon valid through 11/30/18*

CHICAGO ELECTRIC WELDING — SUPER COUPON

125 AMP FLUX-CORE WELDER
Customer Rating ★★★★★

EVERYTHING YOU NEED TO WELD
NOW $99.99
$109.99
ITEM 63583/63582 shown
COMPARE TO IRONTON MODEL: 45433 $149.99
SAVE $50

67142521
LIMIT 3 · Coupon valid through 11/30/18*

GREENWOOD — SUPER COUPON

1-1/4 GALLON HOME AND GARDEN SPRAYER
Customer Rating ★★★★

SAVE 39%
NOW $8.99
$12.99
COMPARE TO ROUNDUP MODEL: 190315 $14.97
ITEM 63124/63145/95692 shown

67150557
LIMIT 7 · Coupon valid through 11/30/18*

*Original coupon only. No use on prior purchases after 30 days from original purchase or without original receipt. Valid through 11/30/18.

At Harbor Freight Tools, the "Compare to" price means that the specified comparison, which is an item with the same or similar function, was advertised for sale at or above the "Compare to" price by another national retailer in the U.S. within the past 90 days. Prices advertised by others may vary by location. No other meaning of "Compare to" should be implied. For more information, go to HarborFreight.com or see store associate.

SCENES FROM THE PIEDMONT, IN MINIATURE

Model railroaders bring local 1950s-era scenes to life

By Tina Vasquez

On the site of what was once Southern Railway Company's largest steam locomotive servicing facility in the tiny town of Spencer (population 3,308), is the North Carolina Transportation Museum, better known as "Spencer Shops."

At any given time of the year, you will find excited, shrieking children pulling their parents from one exhibit to the next; a short train ride is one of the museum's most popular attractions. But located away from the hustle and bustle, in the museum's 113-year-old Back Shop, is another, smaller kind of train that lures in passersby.

From a distance, it may appear to be a nondescript model train cruising through a picturesque landscape. But upon closer inspection, visitors to the Back Shop will see entire worlds unfolding. A plume of cotton steam wafts from a miniature railroad shop. Flat cars trundle through low hills, laden with military vehicles. In one scene, dozens of people enjoy a carnival. In another (perhaps the layout's most popular), a person is being beamed aboard a UFO.

About 20 model railroaders, comprising the volunteer-run Metrolina Model Railroaders Club (MMRC), maintain this fictitious "French Broad and Catawba Railroad," set in the Piedmont area during the 1950s. MMRC has operated in the Belmont and Charlotte areas for more than 30 years, and for the last eight has partnered with Spencer Shops to display its incredibly intricate model railroad.

The Metrolina Model Railroaders Club includes members (left to right) Henry Reeves, Colby Hooks, Chuck Redmond, Joe Burden, Alan Hardee, Allen Snow, Rick Beam, Gil Harris and Anthony Perkins.

The Art of Model Railroading

MMRC President Rick Beam is largely responsible for the look of the club's model railroad. By day, Beam is a criminal defense attorney in Gaston County. By night, he is an artist.

Constructing a layout as detailed as this is about more than snapping together some tracks and flicking a button. Beam estimates the group has about $250,000 invested in the setup, which takes seven men about 10 hours to reconstruct. Beam's job, as he characterizes it, is "making the whole thing pretty."

Beam pores over thousands of old copies of Model Railroader, one of two publications about the hobby still in print, looking for, as he puts it, "prototypical railroading inspiration." When on long drives or trips with his wife, he pays attention to scenery and layouts, snapping photos along the way, thinking of how he can recreate it in scale.

"The fact that this is art is what appeals to me the most," Beam says. "Someone once told me that I have the ability to see in my head what I want the layout to look like, and then make it look exactly that way. I think of this as 3D art where you can do anything you want, create any fantasy or reality."

Join the Club

For those interested in getting involved in model railroading, Beam strongly recommends joining a club. The Neuse River Valley Model Railroad Club maintains a list of NC clubs online at bit.ly/modelRR.

Each locomotive has a digital chip that requires individual programming.

'World's Greatest Hobby'

MMRC chose to focus on the '50s era mostly because of the aesthetics, but it also allows them to showcase what many in the hobby consider the golden age of steam trains. And MMRC member Henry Reeves, a computer programmer born and raised in Belmont, keeps those trains running. Like many of his fellow club members, Reeves received his first train set as a child.

"As far as I'm concerned, this is the world's greatest hobby. By the time I was 13, I could rewire my entire house because of what I learned doing model railroading," Reeves says. "I think young people today develop interests that don't really teach them anything, like playing video games. They need a hobby and model railroading will teach them about everything from set design to electronics. It will also teach them patience."

This was echoed by Beam, who said that while he understands railroading may not be for everyone—including his own family members, who are confused by his ability to paint figures in his basement for "hours on end"—taking a child to Spencer Shops and letting them see MMRC's display is a good test for whether or not an interest will develop.

The club is always looking to grow with new members, especially in anticipation of a 2020 railroading convention returning to Charlotte for the first time in more than 20 years. Admittedly, there appear to be few women interested in the hobby, at least locally. Currently, MMRC is comprised of all men. And while a few in their 30s recently expressed interest in the group, Beam said that at 50, he's one of the youngest in the club.

"Our club isn't the biggest, but we like to think of ours as the club that models for people who pay attention to detail," Beam said. "That requires a lot of work and when this gets to feel too much like work and not a hobby, I step away for a little bit. But I always come back. Every time I see a little kid press their nose against the plexiglass smiling at what we've done, *that's* why I do this. That's what makes me happy."

Tina Vasquez is a journalist based in Winston-Salem, where she is a full-time immigration reporter.

carolinacountry.com/extras

Spot more miniature scenes in our video slideshow, including a Boy Scout camp, a wedding party and an alien abduction.

Tar Heel Tidbits

For the young (and young at heart)

Melon Madness

Can you push a watermelon 20 yards with your head? Or quickly eat a huge slice without your hands? Down-home family fun at the Watermelon Festival in Denton includes a chance to see or do just that. Activities include a cornhole tournament, crafts market, food vendors, pageant and the opportunity to plunk prominent citizens into a dunk tank. The festival is set for Saturday, Aug. 4, from 9 a.m. to 2 p.m. at Harrison Park. Admission and contest entries are free. The event is a fundraiser to host a children's arts camp. Learn more at dentonartisansguild.org or email info@dentonartisansguild.org.

A GOOD READ

Boy Bites Bug

In this humorous, middle-school novel, friendships old and new are tested by prejudice—and bug eating. When Will's best friend calls the Hispanic new kid a racist name, Will distracts from the situation by eating a stink bug. His act boosts his popularity and cracks up his schoolmates, who invent meals for him like "maggot-aroni" and "French flies." Will learns that eating bugs for food is called entomophagy and decides to create a class project on grasshoppers. But has he bitten off more than he can chew? His endeavor leads to an examination of his own stereotyping beliefs, loyalty and the true meaning of friendship. "Boy Bites Bug" comes in hardcover and e-book versions, and is available at independent bookstores or through online booksellers. Author Rebecca Petruck is a Blue Ridge Energy member and lives in Creston. To learn more about her, visit rebeccapetruck.com.

Cool Snacks!

These creamy treats are great on a hot August day.

Orange Cream Ice Pops

Recipe courtesy of McCormick

- 10 ice pop molds and sticks
- 1 cup plain fat free Greek yogurt, divided
- ¼ cup, plus 2 tablespoons sugar, divided
- 2 teaspoons pure vanilla extract, divided
- 1 (12-ounce) can orange juice concentrate (100% pure)
- ¼ cup whole milk
- ¼ teaspoon pure orange extract

Mix ½ cup yogurt, 2 tablespoons sugar and 1 teaspoon vanilla extract in a bowl. Chill and set aside.

In a blender, blend together remaining ingredients. Divide among 10 ice pop molds, leaving a small space at the top for the second layer. Freeze for 1 hour.

Top each ice pop cavity with a spoonful of the chilled yogurt mixture. Put in the sticks and freeze for at least 8 hours or until firm.

Yield: 10 servings

Do You Know...

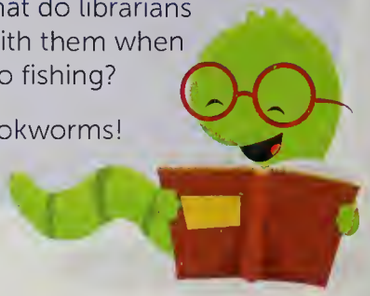
...how to find ghost crabs on North Carolina's beaches? These sensitive little critters (on average about 2 inches across) burrow in the sand. You might spy one during the day, but they emerge full-force for their supper at night. Take a flashlight or lantern and head for the shoreline after sunset. It's important not to poke or prod them, and if you use a net, be gentle in catching and releasing them.

VisitNC

Have a laugh!

Q: What do librarians take with them when they go fishing?

A: Bookworms!



Where in Carolina Country is this?

Send your answer by Monday, Aug. 6, with your name, address and the name of your electric cooperative.

Online: carolinacountry.com/where

By mail: Where in Carolina Country?
P.O. Box 27306
Raleigh, NC 27611

Multiple entries from the same person will be disqualified.

The winner, chosen at random and announced in our September issue, will receive $25.

Have a roadside gem you'd like to share? Submit a photo, plus a brief description and general location information, at carolinacountry.com/where.

July winner

The July Where Is This photo by Senior Associate Editor Renee Gannon features a "flower and barrel fountain" on Boylston Highway/Hwy. 280/US 64 in the Mills River community just outside of Brevard. This creative and fun landscape welcomes visitors to the Forge Valley Events Center. The winning entry chosen at random from all the correct submissions came from Steve Whitmire of Rosman, a Haywood EMC member.

CAROLINA COUNTRY

scenes

photo of the month

Lavish Lake Sunset

Summer sunset takes over 800-acre Oak Hollow Lake in High Point.

Paige Garner, High Point, A member of Randolph EMC

The Photo of the Month comes from those who scored an honorable mention from the judges in our 2018 photo contest ("Carolina Country Scenes," January 2018). See even more Photos of the Week on our website carolinacountry.com.

August events

Art in the Park
Aug. 11, Blowing Rock

MOUNTAINS

Animal Enrichment Day
Demos, talk with keepers
Aug. 1, Linville
828-733-1059
grandfather.com

Slippery When Wet
Bon Jovi Tribute
Aug. 3, Franklin
866-273-4615
greatmountainmusic.com

Kristen Chenoweth
Actress-singer
Aug. 4, Boone
828-266-1345
appsummer.org

Gran Fondo
Cycling competitions
Aug. 4–5, Boone
828-265-2545
granfondonationalseries.com

Melissa Reaves
Summer Concert Series
Aug. 11, Todd
828-263-6173
toddnc.org

Yonder Mountain String Band
Summer Concert Series
Aug. 11, Beech Mountain
828-265-2545
beechmountainresort.com

Brutal Bike Ride
Various scenic routes
Aug. 11, West Jefferson
336-846-2787
blueridgebrutal.org

Art in the Park
Aug. 11, Blowing Rock
828-295-7851
blowingrock.com

Riders in the Sky
Cowboy quartet
Aug. 11–12, Blowing Rock
800-526-5740
tweetsie.com

An Evening with Jeanne Robertson
Aug. 17, Franklin
866-273-4615
greatmountainmusic.com

Lucky Strikes
Summer Concert Series
Aug. 18, Todd
828-263-6173
toddnc.org

Festival & Rubber Duck Race
At the New River
Aug. 18, Creston
336-977-2157
georgezellersierraleone@yahoo.com

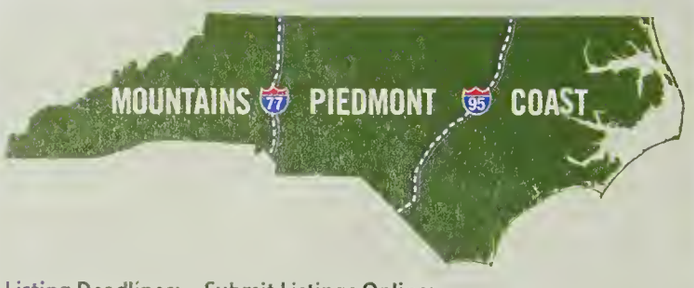
Boutique Bonanza
Shopping expo
Aug. 18, Lenoir
828-221-4703
bit.ly/fb_boutiquebonanza

Michael Bolton
Pop singer-songwriter
Aug. 23, Franklin
866-273-4615
greatmountainmusic.com

Quilt Show
Activities, vendors
Aug. 24–25, Canton
919-949-0943
crusonc.com

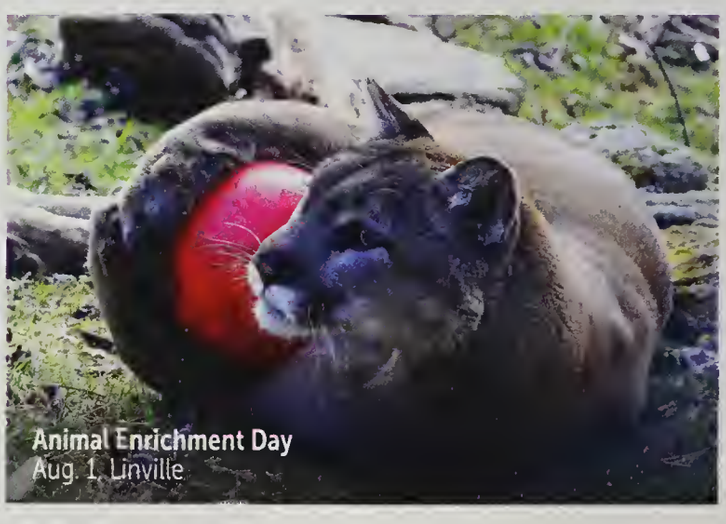
Railroad Heritage Weekend
History, local culture celebration
Aug. 25–26
800-526-5740
tweetsie.com

carolinacountry.com/calendar
See more events online with photos, descriptions, maps and directions.



Listing Deadlines:
For Oct.: Aug. 25
For Nov.: Sept. 25

Submit Listings Online:
carolinacountry.com/calendar
(No email or U.S. Mail.)



Animal Enrichment Day
Aug. 1, Linville

Know Before You Go

In case something changes after Carolina Country goes to press, check information from the contact listed.

Farm to Fork Dining
On Town Square
Aug. 26, Burnsville
828-536-0126
tractorfoodandfarms.com

Fiddlers Convention
Kids activities, storytelling
Aug. 31–Sept. 2, Lenoir
828-754-2486
happyvalleyfiddlers.org

Weekend House Party
Picnic, donkey cart rides
Aug. 31–Sept. 3, Cashiers
800-334-2551
highhamptonresort.com

Apple Festival
Aug 31–Sept. 3, Hendersonville
828-697-4557
ncapplefestival.org

ONGOING

Community Band Concerts
Sundays, Aug. 19 & Aug. 26
Maggie Valley
828-456-4880
haywoodcommunityband.org

PIEDMONT

Watermelon Festival
Cornhole, dunking tank
Aug. 4, Denton
dentonartisansguild.org

Fayetteville After 5
Live entertainment
Aug. 10, Fayetteville
910-323-1934
faydogwoodfestival.com

The Crossing
1-mile swim or paddle
Aug. 11, Littleton
osail.org

Bubble Day
Food, art creating
Aug. 11, Pineville
704-889-7145
jameskpolk.net

Adult Field Day
Races, food trucks
Aug. 11, Fayetteville
910-483-5311
bit.ly/fb_fieldday-2018

Rox n' Roll Car Show
Cruise-in, music
Aug. 17, Roxboro
336-322-6019
historicuptownroxboro@gmail.com

Sandhills Purple Heart Dinner
August 18, Fayetteville
910-483-4100
crowncomplexnc.com

Personality Festival
Rides, food, crafts
Aug. 24–25, Roxboro
336-599-8333
facebook.com/personalityfestival

There are more than 250 farmers markets in North Carolina. For one near you, visit bit.ly/NCfarmmarkets

ONGOING

ColorFull
Painting, blown glass
Aug. 27–Sept. 23, Hillsborough
919-732-5001
hillsboroughgallery.com

COAST

Arts & Crafts Guild Show
Crafts, photography
Aug. 1–2, Buxton
252-489-8573
bit.ly/fb_hatteras-guildshow

Southern Soul Blues Fest
Including Gerald Alston
Aug. 4, Greenville
919-208-5877
eventbrite.com

Night Out Against Crime
Prevention awareness
Aug. 7, Pitt County
252-561-8400
vera@visitgreenvillenc.com

Artwalk
Aug. 10, New Bern
252-638-2577
cravenarts.org

Carolina Fitness Festival
Bodybuilding competitions
Aug. 11, Greenville
443-769-4722
vera@visitgreenvillenc.com

Endless Yard Sale
Along Maxwell Road
Aug. 11, Cumberland, Sampson counties
910-990-0415
bit.ly/fb_endlessyardsale

Doggie Pool Party
Swimwear pageant
Aug. 12, Greenville
252-329-4567
greenvillenc.gov

Mirlo Rescue Centennial Celebration
Festivities in several towns
Aug. 13–17, Dare County
252-987-1552
chicamacomico.org

Watermelon Festival
Carnival rides, parade
Aug. 23–25, Winterville
252-756-1068
watermelonfest.com

Freeboot Friday
Inflatable pirate ship
Aug. 31, Greenville
252-561-8400
uptowngreenville.com

ONGOING

Live Concerts
Sunday in the Park Series
Aug. 5, 12 & 19, Greenville
252-329-4567
greenvillenc.gov

Bluegrass Music
The Grandpas perform
Every 1st, 3rd & 5th Thursdays
Autryville
910-525-5261
bit.ly/fb_PittmansCorner

Bubble Day
Aug. 11, Pineville

Big Changes for NC Hunters

New management rules affect deer and bear seasons

By Mike Zlotnicki

The NC Wildlife Resources Commission voted in March to adopt rules related to wildlife, fisheries, and game lands management for the 2018–19 seasons. The effective date for these changes is Aug. 1, 2018.

Deer herd management

Deer hunting is the most popular type of hunting in North Carolina, with almost 250,000 participants. Proposed changes to the deer seasons fostered spirited responses during the public hearing process, and the Commission received passionate, well-articulated concerns from constituents regarding the cultural and traditional impacts of proposed deer season changes. Commissioners weighed those comments along with biological information and decided to only adopt the following:

- Implement a statewide bag limit of two antlered and four antlerless deer.
- Bonus Antlerless Deer Harvest Report Cards are restricted to the Urban Archery Season only.
- Deer Management Assistance Program (DMAP) participants would retain harvest flexibility.
- Shift either-sex days to the beginning of the Introductory, Conservative, and Moderate Gun Either-Sex Seasons.
- Move Polk, Rutherford and Cleveland Counties to the Northwestern Deer Season, and retain the Moderate Gun Either-Sex season.

"In efforts to improve the condition of our deer herd across North Carolina, we evaluated both the biological condition of the deer herd and conducted a large-scale, science-based survey of deer hunters to determine their attitudes and preferences for potential changes that could improve management of our white-tailed deer resource," explains Dr. David Cobb, chief of the wildlife management division at the Commission. "Balanced options—balances between changes to achieve biologically optimum conditions and to achieve deer hunter preferences, which were not always the same—were taken to public hearings across the state in January 2018. Based on these biological and sociological data collected over seven years and public feedback through the rule making comment processes, the Commission voted to make the changes that will take effect in the 2018–19 deer season."

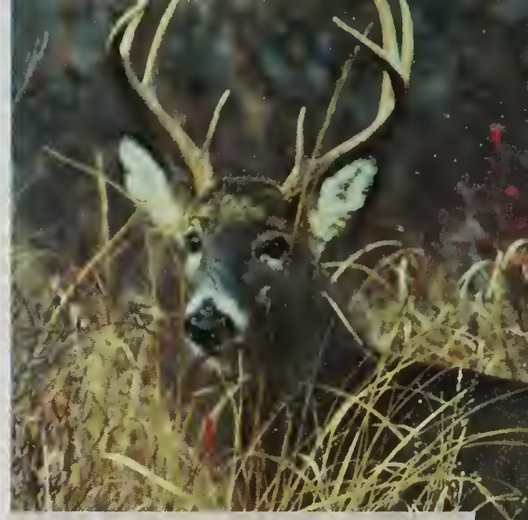
Bear management

The Commission adopted rules to align bear hunting seasons in the Coastal Bear Management Unit (CBMU) with the five bear hunting zones with one modification, moving Pamlico County into Zone 5 of the CBMU. Additionally, the Commission disapproved the proposal to add two weeks to bear hunting season in the Mountain Bear Management Unit.

"Changes in bear hunting seasons that will take effect in 2018–19 are to address specific objectives in the Bear Management Plan approved by the Commission in 2012, specifically to stabilize the bear population, which for many years has been increasing," Cobb says.

The table of upcoming season dates, approved by the Commission, may be found at ncwildlife.org/hunting.

Mike Zlotnicki is associate editor at Wildlife in North Carolina magazine. He lives in Garner with his wife, three daughters and two German shorthaired pointers.



Deer hunters in North Carolina will have a two buck, four doe limit across the state this season.

New Public Fishing Areas

The NC Wildlife Resources Commission has partnered with Alleghany and Surry counties to provide anglers with two new public fishing areas on the New River and Ararat River.

Farmers Fish Camp Public Fishing Area (PFA), a joint partnership between the Commission and Alleghany County, provides access to the New River northwest of Sparta. The Commission previously had a public fishing area at this site, but it was closed in 2013 when the bridge adjacent to the launch site was destroyed by a flood. (GPS coordinates are: 36.551317, -81.182612.)

The PFA has access stairs with a handrail and a slide for canoe, kayaks and other paddlecraft, and anglers can fish for smallmouth bass, rock bass, redbreast sunfish and muskellunge.

The Commission constructed Farmers Fish Camp PFA using money from the Sport Fish Restoration Program, as well as fishing license sales receipts. Alleghany County will maintain the area.

The new **268 East PFA**, on the Ararat River west of Pilot Mountain, is a joint partnership with Surry County. (GPS coordinates are: 36.366652, -80.543216.)

The PFA has a hand launch for canoes, kayaks and other paddlecraft and anglers can fish for smallmouth bass, redbreast sunfish and bullhead catfishes.

Commission staff provided engineering and survey work funded by the Sport Fish Restoration Program, as well as fishing license sales receipts. Surry County paid to have the site built by a private contractor using funds provided by the Duke Energy Water Resources Fund.

To find one of more than 500 public fishing areas throughout the state, visit the Commission's interactive fishing map. For a list of all boating access areas open to the public in North Carolina, visit ncwildlife.org/boating.

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MKT-P0055

Surviving Without Air Conditioning

By Hannah McKenzie

Q: We're headed to visit family late this summer and worried about surviving without air conditioning. I realize we're spoiled expecting it everywhere we go, and my parents would roll their eyes hearing us complain, but aside from fans, what can we do to make our time indoors more comfortable?

A: Not so long ago, very few homes and buildings in the United States had air conditioning. Today, in other countries where electricity is more expensive and less available, it remains a luxury. Thankfully, there are a variety of inexpensive ways to make the most of your trip.

Set expectations. Planning ahead with your family may help them approach the trip as an adventure rather than a burden. Pack lightweight and breathable clothing, opt for sandals rather than sneakers, and plan for water play with a basic sprinkler or hose and bathing suits. Ultimately, you'll remember the adventure more than all the sweat.

Strategically place fans. Fans can be positioned to push or pull air through a space. For example, a fan placed in a window should pull cool nighttime air inside. Often, arrows on a fan will indicate the direction of the airflow.

When buying a fan, always look for the Energy Star® label to ensure that it uses as little energy as possible.

Remember that moving air, like a breeze, makes our bodies feel less hot but does not change the air temperature. This means that ceiling and floor fans cool our bodies, not our rooms. Turn them off when no one is in the space.

Reduce heat sources. Does that little lamp in the guest room use a 60-watt bulb and feel hot enough to roast marshmallows? Consider replacing it with a 10-watt LED, which will emit the same amount of light, generate minimal heat, last a decade instead of a year, and save energy. Oh, and their prices keep dropping—that's a win! Perhaps you could bring a box of LEDs as your "Thanks for having us!" gift.

Keep shades and draperies closed to prevent beams of sunlight from heating up the house.

Stay cool in the kitchen. When cooking, no one will be thanking you for roasting chicken and vegetables for supper because the house will be roasting too, so consider heading outside to the grill or a portable cooktop. Most foods that you bake can just as easily be put on the grill. If you must cook inside, opt for smaller appliances, such as the microwave or toaster oven. If boiling anything, be sure to turn on the range hood to pull the steam out of the house rather than having it linger inside.

Cut moisture. Speaking of steam...either don't generate it or get it out of the house as quickly as possible. Consider running the dishwasher when it won't heat the house to an ungodly temperature, using minimal dishes, and hand-washing when possible. When showering, use the exhaust fan or a window fan that is positioned to pull the steam out of the bathroom. To reduce shower steam even more, use a water-saving showerhead that has the WaterSense label.

I joke that summertime humidity is a "Carolina hug." Ninety degrees already feels hot, but pair it with humidity, and it's almost too much to bear. Embracing the humid hug and focusing on smart choices can go a long way toward making your trip enjoyable for everyone.

Hannah McKenzie is a building science consultant for Advanced Energy in Raleigh.

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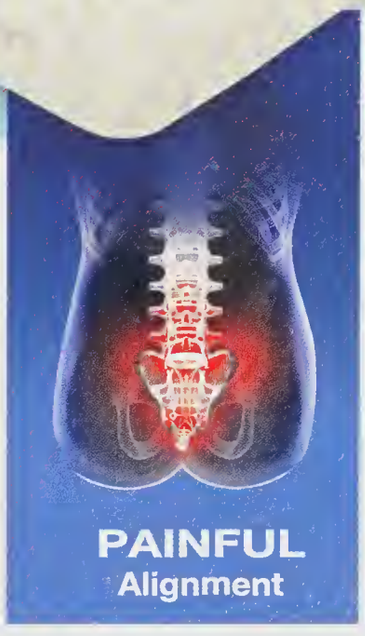

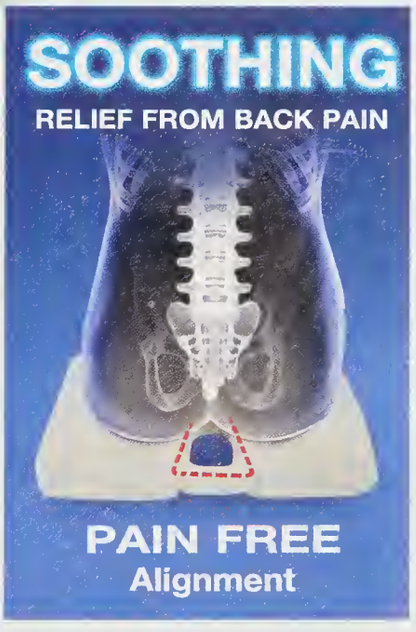

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Clogged, Backed—up Septic System...Can anything Restore It?

DEAR DARRYL: My home is about 10 years old, and so is my septic system. I have always taken pride in keeping my home and property in top shape. In fact, my neighbors and I are always kidding each other about who keeps their home and yard nicest. Lately, however, I have had a horrible smell in my yard, and also in one of my bathrooms, coming from the shower drain. My grass is muddy and all the drains in my home are very slow.

My wife is on my back to make the bathroom stop smelling and as you can imagine, my neighbors are having a field day, kidding me about the mud pit and sewage stench in my yard. It's humiliating. I called a plumber buddy of mine, who recommended pumping (and maybe even replacing) my septic system. But at the potential cost of thousands of dollars, I hate to explore that option.

I tried the store bought, so called, Septic treatments out there, and they did Nothing to clear up my problem. Is there anything on the market I can pour or flush into my system that will restore it to normal, and keep it maintained?

Clogged and Smelly – Greensboro , NC

DEAR CLOGGED AND SMELLY: As a reader of my column, I am sure you are aware that I have a great deal of experience in this particular field. You will be glad to know that there IS a septic solution that will solve your back-up and effectively restore your entire system from interior piping throughout the septic system and even unclog the drain field as well. **SeptiCleanse® Shock and Maintenance Programs** deliver your system the fast active bacteria and enzymes needed to liquefy solid waste and free the clogs causing your back-up.

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Arnold Palmer Grilled Wings

Arnold Palmers are a refreshing treat on a hot summer's day. The lemon and tea pairs so well, we created a version for our wings. It's tailgate friendly, too!

- 2 dozen chicken wings
- 2 tablespoons salt
- 1 quart sweet tea
- 2 (12-ounce) cans frozen lemonade concentrate
- ¼ cup coarse ground mustard
- 3-4 lemons
- 1 teaspoon crushed red pepper
- 2 teaspoons dried rosemary
- 1 tablespoon salt

Put wings into a container with lid. Sprinkle salt over wings and add the tea. Cover and shake to mix in the salt. Refrigerate up to one hour, but best if brined overnight.

In a small saucepan, combine lemonade concentrate, mustard, zest and juice of one lemon, red pepper and rosemary. Bring to a low boil and simmer until sauce reduces and thickens, about 25 minutes.

Grill wings as usual. Thinly slice and seed remaining lemons, dip in sauce and grill alongside the wings.

Toss cooked wings with sauce, dust with salt and garnish with grilled lemons.

Yield: 2 dozen wings

Peach on the (Atlantic) Beach Pie

In recent years, a revival of the vintage Atlantic Beach Pie has occurred. We created our version of the recipe by using a combination of citrus juices (not just one), a little zest, and snuck in a surprise layer of NC peaches. Enjoy!

- 1½ sleeves saltine or Ritz crackers (or combination)
- 4 tablespoons butter, softened
- 4 tablespoons brown sugar
- 4 eggs, separated
- ½ cup juice (lemon, lime and orange mix)*
- Zest of 1 lemon, lime and orange
- 1 (14-ounce) can sweetened condensed milk
- 1 cup chopped NC peaches

Meringue

- 4 egg whites, room temp
- ½ teaspoon cream of tartar
- 1 teaspoon vanilla extract
- ¼ teaspoon salt
- 5 tablespoons sugar

**One large lemon, lime and orange should give you at least a half cup of juice and extra for your meringue.*

Preheat oven to 350 degrees.

Roughly crumble crackers into bowl. Knead in butter and sugar until crumbs stick together, breaking up any large pieces of cracker (but not into dust). Press into 8-inch pie dish and chill for 15 minutes. Bake about 16 minutes until the crust starts browning.

Beat yolks, ½ cup juice and zest into condensed milk.

Scatter peaches over crust; cover with the filling.

Whip egg whites and tartar until soft peaks form. Add vanilla, salt, sugar and any remaining juice one tablespoon at a time until stiff peaks form. Spread over filling and bake about 18 minutes.

Chill at least 6 hours before serving.

Yield: 1 pie

Unless otherwise noted, recipes on this page are from Wendy Perry, a culinary adventurist and blogger, who chats about goodness around NC on her blog at WendysHomeEconomics.com.

NC First Lady Kristin Cooper's Chocolate Chip Cookies

This recipe is a favorite of the governor's. Read our interview with him on page 8.

- 2¼ cups flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 stick butter
- ½ cup shortening
- ¾ cup granulated (white) sugar
- ¾ cup brown sugar
- 1 teaspoon vanilla extract
- 2 large eggs
- 2 cups semi-sweet chocolate chips
- 2 cups pecans

Preheat oven to 375 degrees.

Combine flour, baking soda and salt in a small bowl and set aside.

Beat butter, shortening, granulated sugar, brown sugar and vanilla in a large bowl until creamy. Beat in eggs one at a time. Gradually stir in flour mixture. Stir in chocolate chips and nuts.

Drop by rounded tablespoons onto ungreased baking sheets.

Bake for 9 to 11 minutes until light golden brown. Don't overbake if you want them to stay soft and chewy. Remove to wire racks to cool.

Yield: 3 to 4 dozen cookies

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—Jenny Lloyd, recipes editor

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